## Physician Wellness Network Gathering Spring 2023 Agenda

Date: March 30<sup>th</sup>, 2023 Time: 4:30-7:00pm PST Location: Zoom (Please refer to your registration confirmation for your personalized link) <u>Register here</u> (if you haven't already)

We are excited to have you join us at the next PWN Gathering! If you are unable to join the full PWN Gathering, you are welcome to join for part of the session.

Time	ltem
4:30-4:45	Welcome
4:45-5:15	Connect and Network
	With a focus on cultivating meaningful connections that will continue beyond this Gathering, PWN members will be invited to join breakout rooms to connect with other members and share what drives them in prioritizing physician wellness in their workplace.
	<b>Spotlight series</b> At each PWN Gathering, we will showcase physician wellness initiatives across the province for the benefit of all our members. This Gathering's Spotlight speakers are:
	<b>Dr. Connie Ruffo and Dr. Laura Kelly:</b> Fraser Health Medical Staff Wellness Strategic Plan
	<b>Dr. Daniel Dodek:</b> Vancouver Division of Family Practice Wellness Activities
5:45-5:55	Stretch Break
5:55-6:55	Feature Session: Approaching a Colleague in Distress
	As leaders in physician health, you might be approached by or notice a physician colleague in distress. Join <b>Dr. Maureen Mayhew</b> in a conversation about how to approach your colleagues and build skills to respond in a supportive and empathetic way.
	Closing